

Individualised Personal Development

At 3 Dimensions School we take an individual and holistic approach to the personal development journey of each of our students, to ensure our students will be happy, friendly, resilient, and successful whilst at school and beyond.

We focus on their interests, and celebrate their strengths, forming links between these and their current academic choices. In this way we make sure their learning is accessible, viewed positively by them, enjoyable, relevant, and meaningful.

We teach our students resilience, and that in their future no door is closed to them. We encourage them to aspire to be the best they can be. Therefore we motivate them to explore work experience, college courses, apprenticeships, and career options. We support them every step of the way, so that they not only develop whilst at school, but when they move on, they feel able and ready to realise their goals and dreams.

Below are some examples of the approaches we take to help our students flourish and succeed.

Therapist Interventions

Our therapists input relevant programs and strategies to help our students to become confident communicators and critical thinkers. Their input allows us to support students understand how to form appropriate social relationships with others, and manage their anxieties when in unfamiliar situations, such as new settings, interviews, and work placements.

Below are some examples:

- SaLT: Interview Techniques
6 Step Communication Framework
Goal Setting
Role Play
Engaging new friends
Conversation Strategies
Assertive Communication
- OT: Emotional Regulation
Life Skills – Personal Hygiene
Core Strength
Balance
Fine & Gross Motor Skills

Student

Careers

We utilise the services of Careers Southwest and ensure our students receive relevant careers advice at age 11 and 14.

Our staff ensure students attend relevant, local college, apprenticeships, careers and work fairs. This offers our students the chance to explore course options beyond the internet, to meet with staff, young people and employers first-hand and have goals to aspire to i.e. Somerset Careers Fair at Fleet Air Arm Museum and Somerset Jobs Fair at Taunton Cricket Ground.

Work Experience

We make sure that our students receive the right opportunities when they are ready to embark on the world of work. We have strong links with local enterprise, such as café's, garden centres and animal sanctuaries. Our students have benefited from voluntary and work experience placements at these types of facilities. We continue to develop our links with a wide range of businesses to ensure we can continue to offer our students a taste of work in fields they wish to pursue.

ASDAN

To meet the individual needs of our students we offer a variety of ASDAN courses across a range of disciplines i.e. Expressive Art and Animal Care.

We follow the ASDAN Personal Development Program which provides students with many modules and challenges across key life skills areas including the world of work, home management, communication and health and wellbeing.

We have had success in this area, with a number of our students succeeding achieving credits and certificates for short courses and Bronze and Silver award for personal development.

College

We have strong links with a variety of local colleges, and ensure we pursue all avenues regarding suitable SEN provision, accessible courses of interest to the students.

We support our students by taking them into visit the college, and staff. Where possible we set up taster sessions and ease students transition to college before their courses even begin.